

4-H YOUTH DEVELOPMENT



# 4-H Newsletter

## January 2016



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*It's hard to believe that another year has come and gone! I hope each of you had a happy holiday and are ready to get back into the swing of things. Before we know it the school year will be over and it will be time for 4-H Camp! There will be lots of opportunities coming up in the new year for 4-H'ers wanting to learn more and have a good time. I will be letting you know what is coming up and when. You can also check out our county Facebook page (Caldwell County 4-H) or our county website at [Caldwell.ca.uky.edu/](http://Caldwell.ca.uky.edu/). I hope each of you have a happy and blessed New Year!*



*Rhonda Jewell  
County Agent for  
4-H Youth Development*

**"A LOT OF GROUPS GO OUT THERE  
AND TALK ABOUT IT—WE GO OUT  
THERE AND ACTUALLY DO IT."**

JOIN THE REVOLUTION OF RESPONSIBILITY



### Poinsettias

A special thanks goes to all 4-H'ers, volunteers and leaders that sold poinsettias or helped our efforts in any way. We sold a total of 537 poinsettias. Robert Morgan was the top seller and received the \$50 cash award.

### \*\*\*Participant Information / Enrollment Forms

It's January and time again to complete the Participant Information Form. As 4-H'ers register for projects and activities they will be required to complete an updated Participant Information Form. This form will only need to be completed once a year (except for camps) and will provide us necessary information in case of an emergency. Participants will also have to complete an enrollment form when participating in individual projects.

### Trash Sculpture Contest

The School, County and Regional Trash Sculpture Contests were held in the month of December. The Regional Contest was held on December 7 in Crittenden County. A project must have placed in the top three at the school and county contest to be eligible to be entered in the Regional Contest. Total money that was awarded to Caldwell County students was \$935.00 Mrs. Amy Littlejohn's 4<sup>th</sup> grade class received the teacher award of \$50 for having the most participation. Contest winners will be recognized at the January Fiscal Court meeting to be held on Tuesday, January 8<sup>th</sup>. Contests winners are listed on the last page.

**Congrats!**

## **Sewing Unit 1**

Unit 1 Sewing participants completed a laundry bag for their project. Each participant will receive a ribbon and the champion project will be eligible to compete at the Kentucky State Fair in August. Participants and their placings were: Ali Southard, Blue; Robert Morgan, Blue; Callie Woodward, Blue; Kalob Robison, Blue; Emma Koscho, Blue and Kegan Miller, Blue & Champion.

## **UPCOMING EVENTS**

### **Sewing Unit 2, 3, 4, 5 and up**

Anyone that participated in Unit 1, 2, 3, 4 or up last year and is interested in participating this year needs to call the Extension Office to sign up at 270-365-2787. There will be an orientation on Thursday, January 21 from 3:00-4:00 for all participants.

### **St. Jude Children's Hospital Fundraiser**

The CCHS 4-H Teen Leadership Club is sponsoring a fundraiser for the St. Jude's Children's Hospital January 25-29. The fundraiser will be held throughout the district at each school. Donations will be taken up the first period of each day and the top classroom in each school will receive donuts and juice on the morning of their choice. Donations collected will be donated to St. Jude's in memory of Tori Oakley, a former student at Caldwell County and patient of St. Jude's. They raised \$2,783.81 last year and hope to raise that much if not more this year!

### **Country Ham Project**

There are 11 4-H'ers signed up for the Country Ham project. This 4-H project gives participants an opportunity to learn the age old process of curing country hams and also develop communication skills. Each participant will cure two hams and prepare and give a speech at the Kentucky State Fair. After the completion of the project the 4-H'ers will receive the hams they have cured. 2016 participants are: Dylan Adams, Emily Barrett, Madison Crider, Gauge Hendon, Camden McGregor, Robert Morgan, Noah Peake, Avery Ritchey, Emily Sherrill, Katy Trimble and Emma Koscho.

### **Cooking 101**

If you like to cook or mess around in the kitchen you might have some fun and learn basic cooking tips in this four day afterschool workshop. Cooking 101 is a great way to learn basic cooking skills and get some hands-on experience in the kitchen. You will learn proper cooking techniques, learn how to read recipes and food labels, and even get to cook some recipes that you can share with your family. This class is being taught by Joni Phelps, EFNEP Assistant at the Caldwell County Extension Office, on March 21, 28, April 11, 18 and 25 from 3:30-5:00 pm. Registration information will be available soon.

### **Shooting Sports**

Shooting Sports gives youth ages 9-18 an opportunity to learn gun safety and participate in a non-contact sport. The Caldwell County program has several certified coaches that lead the program in disciplines such as BB pistol and rifle, riflery, pistol, archery and trap. Anyone that might be interested in participating must attend two safety orientations in the spring. The dates are Tuesday, March 8 & 22 and will be held at the UK Research & Education Center at 6:00 PM. (This orientation is not the Hunter Safety Course)

### **4-H Camp**

4-H Camp will be held June 6-9 at West Kentucky 4-H Camp in Dawson Springs. 4-H Camp is open to any youth between the ages of 9-14. 4-H Camp gives youth the opportunity to develop independence and responsibility, learn new things and make friends. There are lots of activities and fun things to do such as swimming, archery, canoeing, arts & crafts, riflery, horsemanship, high and low ropes and much more! Registration information will be available soon!!

## **Teen Summit**

Teen Summit is a three day, two night conference for middle school students. The premiere event brings together youth from across the state to take part in educational workshops and fun activities in a structured environment. Teen Summit is held at the 4-H Leadership Center at Jabez on beautiful Lake Cumberland. The dates for the conference are March 10-12. Registration forms are available at the Extension Office. Space will be limited so register quickly!

## **Teen Leadership Academy**

The Teen Leadership Academy (TLA) is a program designed to enhance leadership skills both inside and outside of 4-H. The TLA also provides participants with many opportunities to strengthen leadership and communication skills and allows them to be an important part of our community's positive development. Participating counties can have up to four delegates each and include Caldwell, Crittenden, Livingston, Lyon and Trigg Counties. They meet the first Friday of each month in a different county. The first meeting was held in October in Crittenden County where they visited several Amish farms and the Clement Mineral Museum. The November meeting was held in Trigg County "Tourism and how it Impacts our Economy in West Kentucky". The second meeting in December was held in Lyon County and the topic was "Manners". The participants had an in-depth lesson on manners and went to Patti's for lunch. The January meeting was held in Caldwell County on January 7. The focus of the day was on "Industry and Medical". Delegates toured Princeton Finishing and Caldwell Medical Center. Alyson VanHooser was a guest speaker and talked to the group about leadership. The teen delegates were responsible for leading the group in activities throughout the day. Teen delegates from Caldwell County are: Emily Barrett, Emily Sherrill, Morgan Witherspoon and Noah Peake.

## **4-H Camp Staff**

Are you or do you know someone that is at least 18 years old and looking for a rewarding summer job? Staff positions for 4-H summer camp are now posted on the UK Jobs website at <http://www.uky.edu/hr/employment>. The deadline to apply for camp staff is February 29<sup>th</sup>.

## **2016 Kentucky 4-H Volunteer Forum**

The 2016 KVF will be held on February 11-13 in Lexington, KY at the Hyatt Regency. The KVF allows volunteers the opportunity to learn about other 4-H programs across the state as well as share their own successes. It is also a great time to network with other volunteers, agents and state 4-H staff and take back ideas to their county. The KVF also provides opportunities for continuing education hours for certified volunteers. Those volunteers attending the forum are: Bryan Morgan, Mindy Morgan, Annette Witherspoon and 4-H Agent, Rhonda Jew-



## **Teen News**

**Pennyrile Area 4-H Teen Retreat-** 4-H Teen Retreat will be held April 15-17 at West KY 4-H Camp in Dawson Springs. This event is open to 4-H'ers in the 8<sup>th</sup> - 12<sup>th</sup> grade and is a great opportunity to make new friends, learn new things and develop leadership skills. More information and registration forms will be available soon!

**4-H Teen Conference-** Teen Conference is an annual 4-H Event that occurs the second week of June at the University of Kentucky. This event is open to any 4-H'er that is in the 9<sup>th</sup>-12<sup>th</sup> grade. There are many activities and events to participate in including the State Fashion Revue, dances, picnics, election of our state officers and listen to some awesome speakers. Participants also have a chance to experience what college life is like. They stay in the dorms, take classes and workshops in the classrooms on campus and eat in the commons. The 2016 Teen Conference will be held June 13-16. More info to come.



## 2015 Caldwell County Trash Sculpture Winners

<u>School</u>		<u>County</u>		<u>Regional</u>	
<b>CCPS</b>					
1st	Harper Lewis	1st	Harper Lewis		
2nd	Addison Cotton	2nd	Pax Aikins	2nd	Harper Lewis
3rd	Pax Aikins	3rd	Addison Cotton		
<b>CCES</b>					
1st	Knolin Lewis	1st	Knolin Lewis		
2nd	Sawyer Forrester	2nd	Sawyer Forrester		
3rd	Aidan McGowan	3rd	Aidan McGowan	3rd	Sawyer Forrester
<b>CCMS</b>					
1st	Olivia Boaz	1st	Olivia Boaz		
<b>CCHS</b>					
1st	Crystal Williams	1st	Crystal Williams	1st	Crystal Williams
2nd	Amos Oliver	2nd	Amos Oliver	2nd	Katie Beth Purcell
3rd	Katie Beth Purcell	3rd	Katie Beth Purcell	3rd	Amos Oliver

Best of Show—Knolin Lewis (\$50)

Teacher Award—Amy Littlejohn Class (\$50)

### Congratulations to all!!



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