




Fall 2024 CALDWELL COUNTY 4-H NEWSLETTER

Hello, my name is Rhonda Jewell and I am the 4-H Agent in Caldwell County. 4-H has been going strong for over 120 years and continues to grow. 4-H is a volunteer-led organization that provides opportunities for youth, ages 9-18, to learn new skills, make new friends, earn awards and recognition, develop leadership skills, and make a difference in their communities. I like to tell people that "4-H is FUN!" There are a lot of different ways that youth can be involved in 4-H. 4-H'ers can be a member of an in-school or after-school club, participate in camping programs, workshops, state fair, communications, livestock judging, shooting sports, and so much more! Stay tuned and be sure to check out our Facebook page for information and updates.

Rhonda Jewell

Rhonda Jewell
County Extension Agent
for 4-H Youth Development



 Cooperative Extension Service

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2024 KY 4-H Logo



#amplifyky4h

WHAT IS 4-H?

The Caldwell County 4-H /Youth Development Program creates opportunities and supportive environments for youth ages 9-18 to become competent and caring citizens. The emphasis is "hands-on" learning that focuses on the youth's area of interest. Youth participate in organized 4-H clubs, special interest and project groups, 4-H school enrichment programs, 4-H camp and other special activities. Programs are conducted with the help of parents, adult volunteer leaders, and professional staff who organize educational experiences.

4-H PLEDGE

I pledge my **HEAD** to clearer thinking,
my **HEART** to greater loyalty,
my **HANDS** to larger service,
and my **HEALTH** to better living,
for my club, my community,
my country, and my world.



Join us in welcoming Kathryn Eldridge to our team as, "All Area Program Assistant." Kathrine grew up in 4-H and is familiar with many of the programs. She has been a 4-H member since the 4th grade. She loves camp and has been a camper, teen, and adult leader. Kathryn will be assisting all of the Extension areas when needed. We are very excited to have her onboard and look forward to exploring new opportunities with her.

For more information
about Caldwell County
4-H or to find out what's
going on, like us on
Facebook
@Caldwell County 4H



Cooperative Extension Service

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Disabilities accommodated with prior notification.



4-H CRAFT CLUB

(Space is limited)



Cooperative
Extension Service

- Who: Caldwell County youth in grades 3-6
- What: 4-H Afterschool Club
- When: The last Wednesday of each month from 3:30-4:45 pm
- Where: Caldwell County Extension Office
- Cost: \$20 due at registration
(Membership is limited to two years)

Registration forms are only available at the Extension Office. No registration forms will be accepted before 8:00 a.m. on Wednesday, October 23. The deadline to register is Monday, October 28.



**SAVE
the
DATE!**

4-H Camp

4-H Camp will be held July 8-11 at West Kentucky 4-H Camp. We will be camping with Crittenden, Hancock, Livingston and Lyon Counties. 4-H Camp is a wonderful opportunity to meet new friends, learn new things, gain independence, and have some good summertime fun! More info to come!

Camp for Christmas



It's a bit early to be thinking about Christmas but....it will be here before we know it and so will 4-H Camp! If you need a gift for that youth in your life that is hard to buy for, a gift certificate to 4-H Camp may be just what you are looking for. 4-H Camp gift certificates may be purchased for \$25 or more! Purchasing a gift certificate for a camper will reserve their spot for Camp 2025. The Deadline to purchase will be December 20.

Camp 2025 Dates - July 8-11

We Need You!!

Do you enjoy working with youth and have a skill you could teach? We are looking for club or project leaders with a passion for:

- | | |
|-------------------------------------|-------------------|
| Cooking | Cloverbuds |
| Sewing | Geology |
| Gardening | Needlework |
| Quilting | Natural Resources |
| Communications | Agriculture |
| Science, Engineering and Technology | |



Please contact Rhonda Jewell at 270-365-2787 or rjewell@uky.edu for more information.

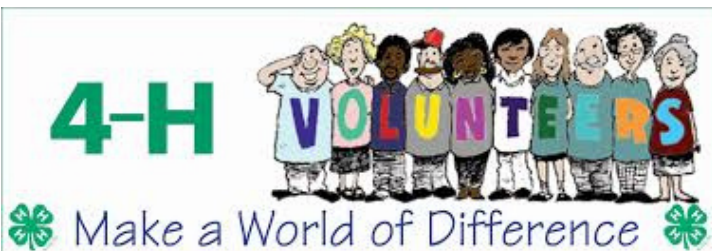
Anyone interested in becoming a 4-H volunteer will need to complete a Kentucky 4-H Volunteer Application and be approved by the Youth Protection Committee.

4-H HOLIDAY CRAFT WORKSHOP


NOVEMBER 7, 2024
3:30-5:30 PM

Caldwell County Extension Office

REGISTRATION WILL BE AVAILABLE SOON!



Registration will be available soon!!

 Cooperative Extension Service

4-H CLOVERBUDS



4-H Cloverbud meetings are a fun and educational way to introduce youth in kindergarten through second grade to the world of 4-H.

Cloverbuds will:

Participate in age appropriate, fun and engaging activities centered around:

- Arts & Crafts
- Gardening
- Citizenship
- Animal Care
- Health & Safety
- Foods
- Outdoor Sciences
- & much more

Cloverbud Meetings:

3rd Thursday of each month
3:30-4:30 p.m.

Caldwell County Extension Office

Parent or guardian must attend meetings with youth.

Rhonda Jewell
Caldwell County Extension Office
1025 US Highway 62W
Princeton, KY 42445
270-365-2787

Poinsettia Sales



Each year the Caldwell County 4-H Council sells poinsettias around Christmas to help raise money to support the county 4-H program. Sales will start on Wednesday, October 23, and go through Wednesday, November 13. Awards are given to top sellers. Clubs will also receive a \$1 for each poinsettia sold! Order forms will be available at the Extension Office.



JOIN THE CLUB

Annual Recognition 4-H Banquet



The Annual 4-H Banquet will be held on Monday, November 25 at 6:00 p.m. at Northside Baptist Church. This banquet is held to honor 4-H'ers that have participated in state events along with volunteers that have devoted their time to the 4-H program through out the past year. Invitations will be going out soon!

TEEN NEWS

4-H Teen Leadership Council

This is an opportunity for teens in grades 9-12 that live in Caldwell County, to develop leadership and communication skills, meet new people, participate in service engagement projects, and have some fun. The council meets monthly at the Caldwell County Extension Office. We complete civic engagement projects to help Caldwell County and others across the state in various ways. We also plan fun activities for the council to participate in. Members of the Teen Council have a chance to travel to district and statewide meetings, retreats, and leadership conferences! If anyone is interested or would like more information, please contact Rhonda Jewell at the Extension Office or via email at rjewell@uky.edu. Applications will be taken until October 18.

Teen Retreat

The West Kentucky 4-H Teen Retreat will be held October 25-27 at West KY 4-H Camp in Dawson. This event is open to 4-H'ers in 8th-12th grades. The theme for this year's retreat is "Amplify 4-H". Teen Retreat is a great way to meet new people, develop leadership skills and learn more about the great things 4-H has to offer teens. The cost is \$90 which includes a t-shirt, meals, and lodging. Register and pay at the Caldwell County Extension Office.



Update on Summer Events/Activities

2024 Livestock Judging Contest

The 4-H Livestock Judging Team had another great year! The State Livestock Judging Contest was held on June 18 in Lexington. There were 125 Kentucky 4-H'ers from across the state participating. The Senior Team placed 2nd Overall. Individual seniors placing in the top 20 Overall were: Evan Cotton - 3rd place, Daniel Laurent - 6th place, Taylor Wynn - 11th place, and Paycen Rogers - 14th place. Senior members also received numerous individual awards at the contest. The Junior Team placed 3rd Overall with Ellie Francis - 5th place, Karoline White - 12th place and Charlie Conger placing 13th.



Caldwell County 4-H members participating in the state contest were: Reed Wall, Charlie Conger, Luke Wynn, Evan Cotton, Taylor Wynn, Bryce Robinson, Karoline White, Ellie Francis and Kynleigh Scott. Not pictured; Paycen Rogers and Daniel Laurent.

Those Senior Team members that placed in the top 20 were eligible to compete in Top 12 Week. Caldwell County was lucky enough to have two that competed in top 12 Week, Evan Cotton and Paycen Rogers.

Congratulations!

2024 State 4-H Shooting Sports Contest

The Caldwell County 4-H Sharpshooters have been working hard since March. They practice each Tuesday at the Jones-Keeney Shooting Range on Dawson Rd. Several of our Sharp Shooters have been competing in area contests throughout the summer to help prepare them for the state event.

There were 22 youth that participated in the contest. The State Archery contest was held on September 7, at the Bluegrass Sportsman's Club in Wilmore, KY and the State Shotgun Contest was held at the Central Kentucky Gun Club In Berea, KY. on Sept. 8.

Chloe Adamson was the only competitor in the archery contest.

Keith Brown, Dax Conger, Drake Howard, Collin Mayes, Gabe Fraliex, Clay Murphy, Troy Dorman, Hunter Ray, Westin Carner, Mikey Nelson, Dylan Mendoza, Riley McLeod, Matt Moll, Isaac Escobar, Drake Reynolds, Brayden DeBoe, Luke Wynn, Zach Moll, Caden Blackburn, Reed Wall, and Hogan Eldridge competed in Shotgun.

One of the 9-11 Division 1 teams placed 3rd Overall. Team members included: Isaac Escobar, Keith Brown, Collin Mayes, Riley McCleod and Reed Wall.

The 12-14 team received 1st place Overall and team members included: Dax Conger, Clay Murphy, Caden Blackburn, Drake Howard and Hunter Ray. Individual awards included: Clay Murphy, 3rd place and Dax Conger, 1st place.

The 15-18 team placed 2nd Overall. Team members included: Drake Reynolds, Matt Moll, Troy Dorman, Westin Carner and Hogan Eldridge. Individual awards included: Troy Dorman, 3rd place, and Drake Reynolds, 2nd place.



2024 Kentucky State Fair Results



Arts

Jr. Acrylic	Macy Cotton	Red
Jr. Watercolor	Lillie Greer	White
Junior Abstract	Vanessa Lee	White
Junior Self-Portrait	Vanessa Lee	Blue

Foods

Brownies	Lillie Greer	Red
Snickerdoodle Cookies	Lillie Greer	Red

Food Preservation

Strawberry Jam	Xavier Flowers	Red
Green Beans	Harper Ritchey	Green

Entomology

Dark Amber Honey	Harper Ritchey	Blue
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Home Environment

Decorative Item	Lillie Greer	Blue
Cloth Item for the home	Sadie Howard	Blue
Accessory for the Home	Luke Wynn	Blue
Old Discarded Item	Macy Cotton	Blue
Accessory for the home	Wyatt Dickerson	Red

Horticulture

Terrarium	Sadie Howard	Blue
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Photography

Forest	Taylor Wynn	Red
Water	Sutton Ritchey	White
Wildlife	Knolin Lewis	Blue
Natural Scenic	Sutton Ritchey	White
Native Plants	Nacy Scott	White
Insects	Nacy Scott	Red
Livestock	Taylor Wynn	Red
Crops	Maize Egbert	Red
Agriculture Scenic	Riley Bruce	Red
Farm Equipment	Taylor Wynn	Red
Companion Animal	Emma Koscho	White
Candid Portrait	Emma Koscho	Red
Urban Scenic	Knolin Lewis	White
Event	Ally Crider	Red
National/International	Wyatt Dickerson	Blue
Family	Lillie Greer	Blue
Patterns/Design	Maize Egbert	Red
Residential	Maize Egbert	Red
Architecture	Maize Egbert	Blue
Energy	Maize Egbert	Blue/Champion
Movement	Knolin Lewis	Blue
Physical Activity	Maize Egbert	Red

Trends

Jr. Upcycling
Sr. Upcycling

Sadie Howard
Knolin Lewis

Blue
Blue

Woodworking

Level 1/ no kit
Level 2 From a Kit

Taylor Wynn
Wyatt Dickerson

Blue
Blue

2024 Kentucky 4-H Country Ham Contest

The 2024 Kentucky 4-H Country Ham Contest was held on Thursday, August 15, at the Kentucky State Fair. Twenty-two Caldwell County 4-H'ers competed in the contest bringing home some champion ribbons, along with several blue and red. There were 964 4-H'ers from across the state that competed in the event. We are extremely proud of all our kiddos for working so hard on their hams and the effort put into their speeches! Their dedication to this project is evident in the awards received. Those placing in the top three of their divisions were:

Madison French - 1st place Ham 16 yr. old Smoked Division
2nd place 16 yr. old Smoked Division Overall
Abbi Drennan - 3rd place Ham 16 yr. old Smoked Division
3rd place Speech 16 yr. old Smoked Division
3rd place 16 yr. old Smoked Division Overall
Hunter Ray - 2nd place Ham 14 yr. old Smoked Division
Karoline White- 3rd place Ham 14 yr. old Smoked Division
3rd place 14 yr. old Smoked Division Overall
Aubrey Drennan - 1st place Ham 12 yr. old Smoked Division
3rd place 12 yr. old Smoked Division Overall
Bryce Robinson - 3rd place Ham 12 yr. old Smoked Division



Participants in the 2024 contest were: Makenna Chambliss, Macy Chambliss, Lauren Cotton, Audrey Cotton, Ally Crider, Wyatt Dickerson, Abbi Drennan, Aubrey Drennan, Xavier Flowers, Ellie Francis, Madison French, Abbey Gill, Drake Howard, Sadie Howard, Knolin Lewis, Landen Mason, Collin Mayes, Hunter Ray, Harper Ritchey, Sutton Ritchey, Bryce Robinson, Paycen Rogers, and Karoline White.

State 4-H Horse Show

The Kentucky State Fair 4-H Horse Show was held August 5-10 at the Kentucky Fair and Expo Center in Louisville, KY. Kenzie Knight participated in several events and placed 1st & 4th in Jr. Barrels, 8th in Showmanship, and 1st place in Open Barrels.



Congratulations to Harper Ritchey for receiving the 2024 Kentucky 4-H Country Ham Scholarship!



Land Judging

The Kentucky 4-H Land Judging Contest was held on Friday, August 16 in Louisville. Competitors from Caldwell County included: Harper Ritchey, Paycen Rogers, Landry Dunbar, Olivia Baker, Kaylee Ladd, and Hannah Teutsch. Participants competed in the Land Judging Contest and Home Site Evaluation. They received individual and team awards in each division. Those placing in the top 20 in Sr. Land Judging were: 2nd place, Harper Ritchey; 4th place, Kaylee Ladd; 10th place, Hannah Teutsch. Those placing in the top 20 of the Sr. Home Site Division were: 6th place, Harper Ritchey; 9th place, Hannah Teutsch; 15th place, Olivia Baker, and 16th place Kaylee Ladd. The Caldwell County Senior Team placed 3rd Overall in Land Judging and Home Site Evaluation.



Congratulations to all of our 4-H'ers for all of their hard work and achievements this past year!

Did you know that pumpkins boost your immunity! Pumpkins have Vitamin C, Vitamin E, and Folate. All of these strengthen your immune system. More pumpkin in your diet can help your immune cells work better to fight germs and help in the healing process.



Pumpkin Apple Muffins

1¼ cups all-purpose flour	½ teaspoon ground ginger	1½ cups fresh pureed pumpkin
1¼ cups whole-wheat flour	½ teaspoon ground nutmeg	½ cup canola oil
1¼ teaspoons baking soda	1¼ cups honey	2 cups Granny Smith apples, finely chopped
½ teaspoon salt	2 large eggs	
1½ teaspoons ground cinnamon		

Preheat oven to 325 degrees F. In a large bowl, **combine** flours, baking soda, salt and spices. In a small bowl, **combine** honey, eggs, pumpkin and oil; **stir** into dry ingredients just until moistened. **Fold** in apples. **Fill** greased or paper lined muffin cups, two-thirds full. **Bake** for 25 to 30 minutes or until muffins test done. **Cool** for 10 minutes before removing from pan.

Note: Can substitute two cups granulated sugar for honey, decrease baking soda by ¼ teaspoon and increase oven temperature to 350 degrees F.

Yield: 18 muffins

Nutritional Analysis: 200 calories, 7 g fat, 0.5 g saturated fat, 35 mg cholesterol, 160 mg sodium, 35 g carbohydrate, 2 g fiber, 20 g sugar, 3 g protein



Buying Kentucky Proud is easy. Look for the label at your grocery store, farmers' market, or roadside stand.

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Halloween Word Search

C O A I O E I Q A I I I P E U
S P N Q Q N U J W Y T L G L P
T N W E I T G N Q S W C E N I
R L V Y Y T N D O L O L V C W
E L D R V I R H I N A U L S I
A D T X L Q G I E D G R G C T
T G D B B U X E C M N V A P C
E P O G Q F W M B K J U O M H
S G F Q A O U G O Z B A M U E
J I X Y L A V N A N K Y T M S
I M O L L W E M C Z S K C M J
D U A P U M P K I N V T F Y C
O H A Z Y T C O S T U M E K G
C I L P E O C T O B E R Y R M
E P P X R S H W R H L J S S E



Fun
Costume
Mummy
October
Halloween
Goblin

Trick
Ghost
Monster
Witches
Pumpkin
Treat

