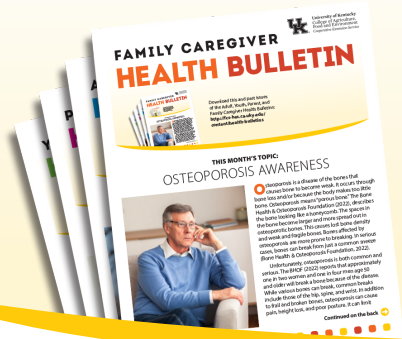


# FAMILY CAREGIVER

# HEALTH BULLETIN



**MARCH 2024**

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## THIS MONTH'S TOPIC

# LEARN MORE ABOUT UK'S SANDERS-BROWN CENTER ON AGING



**T**he University of Kentucky's Sanders-Brown Center on Aging was established in 1979. The world-class center hosts a wide variety of laboratories and scientists dedicated to research, education, and outreach. It also provides clinical opportunities for people to learn more about and advance research in healthy brain aging and age-related neurodegenerative disorders, including Alzheimer's disease and related dementia.

In 1985, Sanders-Brown became one the original 10 Alzheimer's disease research centers federally supported by the National Institute

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**To learn more about UK's Sanders-Brown Center on Aging, visit <https://medicine.uky.edu/centers/sbcoa> or call (859) 323-5550.**



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on Aging. Today the UK Alzheimer's Disease Research Center (UK ADRC) is one of the nation's leading centers on aging. In addition to its focus on the pathologic transition from brain health to cognitive impairment, the UK ADRC also provides clinical and neuropathological diagnoses, care of patients with cognitive impairment, and offers clinical trials so researchers can better understand disease processes and test new therapies. Scientists at the ADRC are often seeking volunteers to help them find ways to slow, prevent, and someday, cure Alzheimer's disease and related dementias.

Director Linda J. Van Eldik has served as director of Sanders-Brown since 2010. She was recently honored with an appointment to the National Advisory Council on Aging to work with notable leaders and researchers in the field. During her four-year term, Dr. Van Eldik is helping advise the director of the U.S. Department of Health and Human Services, the director of the National Institutes of Health, and the director of the National Institute on Aging. In Kentucky and across the country, Dr. Van Eldik helps champion aging research and initiatives that encourage the health and overall well-being of aging adults. In addition to Dr. Van Eldik's leadership, several Sanders-Brown Center on Aging researchers serve on national boards including the Alzheimer's Association and Alzheimer's Foundation of America, guiding the direction of future treatments.

To learn more about Sanders-Brown, the ADRC's core components, ongoing research, educational outreach, caregiver support, donor opportunities, and clinical trials in which you or a family member could participate, visit the Sanders-Brown website at <https://medicine.uky.edu/centers/sbcoa> or call Sanders-Brown Center on Aging at (859) 323-5550.

Be sure to also ask for information about the Sanders-Brown Annual Mind Matters Health Fair, the Mind Matters Sanders-Brown Publication on Aging, Family Caregiver Workshops, and the annual Markesbery Symposium on Aging and Dementia.

**SOURCE:**

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**FAMILY CAREGIVER  
HEALTH BULLETIN**

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